



saldare body spa & private fitness

MASSAGE

Therapeutic, Swedish, Deep tissue, Sports, Trigger point and Pregnancy.

Relieve stress & tension, improve range of motion and circulation, decrease pain, reduce fatigue, detoxify the entire body and relax.

30 minutes/\$45

One hour/\$80

90 minutes/\$110

Two hours/\$150

ASIAN BODY WORK

Benefits include; relief of aches and pains, decreased stress levels, and increased relaxation leading to better sleep. Please wear loose comfortable clothing, to allow the practitioner smoother control of stretches, lifts and body positioning.

30 minutes/\$55

One hours/\$90

HOT STONE MASSAGE

Deep heating basalt stones slowly warm away pain, fatigue and tension.

30 minutes/\$55

One hour/\$90

REFLEXOLOGY

30 minutes/\$45

Chair massage/per minute/\$1

Available for parties and corporate functions.

{A small fee will be added for travel time}

BODY TREATMENTS

POLISH/SALT GLOW

A full body exfoliation incorporating massage techniques. Increases circulation, relaxes the body and refines the skin-leaving it smooth and soft.

One hour/\$90

DETOX WRAP

This seaweed wrap starts with a salt exfoliation which softens and stimulates skin. The wrap detoxifies the body leaving you free of stress from head to toe.

One hour/\$110

NAIL CARE

Completely private and clean.

Manicure/\$22

French Manicure/\$27

Polish change/\$7

Pedicure/\$40

French Pedicure/\$45

Polish change/\$15

PARAFFIN TREATMENTS

Show your hands and feet you care by letting the warmth of the paraffin wax soothe you and leave your skin feeling silky smooth.

Add on/\$7

Treatment only/\$12

WAXING

Brow/\$20

Upper lip or chin/\$12

Brow and lip/\$30

Lip and chin/\$20

Complete face/\$40

Back/\$40+

Chest/\$40+

Shoulders/\$20

Bikini/\$45

Brazilian/\$70+

Upper or lower leg/\$40

Complete leg/\$60

Complete leg w/bikini/\$85

Underarm/\$25

Forearms/\$40

Hairline/\$15

FACIAL

Restore a vibrant look to skin, increase circulation and improve skin texture and tone.*

Mini/30 minutes/\$55

Maxi/One hour/\$90

Eye treatment/30 minutes/\$45

*Ask about our special treatments tailored to your skin, or one of our lovely seasonal upgrades/\$20+

PERSONAL TRAINING

Programs designed to reach your specific goal.

30 minutes/\$30

One hour/\$60

We accept American Express, MasterCard, VISA and Discover.

If you are unable to keep you appointment, please give us 24 hour notice or you will be charged 50% of the service price.

Please arrive 10 minutes early to prepare for your treatment.

Hours of operation: Monday-Friday 7am-8pm, Saturday 9am-5pm., Sunday by pre-arranged appointments only.

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